



## Herb Farmer Apprenticeship 2020

ap·pren·tice·ship | \ ə-ˈpren-tə(sh)-ship , ə-ˈpren-təs-ship \

1: a position as an apprentice: an arrangement in which someone learns an art, trade, or job under another

“she/he/they obtained an apprenticeship with an organic herb farmer”

The Heartwood Forest Farm apprenticeship is designed for adults with an interest to deepen their connection to nature, while learning more about the art and science of growing plants. An emphasis will be on the cultivation of culinary and medicinal herbs, and include ethical wild-harvesting at the farm located in Cedar, Michigan. At the end of the season, you will have an increased knowledge with the identification of plants, seed starting and propagation, organic and regenerative growing practices, harvesting techniques, seed collecting, how to incorporate more fresh herbs and flowers into your diet for culinary and medicinal use, processing and preservation techniques (drying, freezing, making oils, vinegars), medicine making (tinctures, salves, infusions), land conservation and preservation. You will create a plant/nature journal which will include a herbarium collection of a minimum of 10 plant specimens that you will experience during your apprenticeship.

The apprenticeship runs from May to October. Classes are held on Mondays, roughly every other week, for a minimum of 10 classes, totaling 40 plus hours at the farm. You will also be given lessons to complete on your own time to bring back to class. How much time you spend out of class will vary, depending on each individual. The majority of your time will be spent outdoors so you will need to dress appropriate for weather and the task. Shoes, gloves, hats, etc. You will be provided with a suggested list of supplies after you register. We are a working herb farm where you will experience the seasonal flow of cultivated plant growth and wild plants as well.

This is hands on educational experience! It is best suited for people who have some general knowledge of plants, beginners are welcomed. It is the perfect experience for college students, educators, gardeners, herbalists, farmers, ecologists, chefs, therapists, nurses, or anyone who wants to deepen their connection with plants and nature. At the end, you will receive a certificate of completion. There will be an optional field trip to the United Plant Savers Botanical Sanctuary in Rutland, OH. Travel and accommodations will be at an additional cost. Dates to be determined.



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About the teacher: Hello! My name is Patti Travioli. I earned a degree in horticulture from Michigan State University and am the proprietor of Heartwood Forest Farm; a USDA certified organic farm located in Cedar, Michigan, specializing in growing culinary and medicinal herbs. I am grateful for the opportunity to live and grow plants in one of the most beautiful regions of our state. I am a home herbalist and have always encouraged others to connect with plants and nature. My experience includes organic farming and many years working in the nursery and landscape field, a curator at a botanical garden, a university botany laboratory manager, as well as greenhouse production of annuals, perennials and tropicals. My volunteer experience led me to the design, planting, and care of *The Sanctuary Garden* located at Genesys Regional Medical Center in Grand Blanc, Michigan, and I served as Board Member and Past President of the Michigan Horticultural Therapy Association. I am passionate about plants and have been connecting with them since 1962. I would love to share what I have learned over the years with you!

To learn more about the farm, visit the website <http://heartwoodforestfarm.com> or connect with us on social media Instagram or Facebook [https://www.instagram.com/heartwood\\_forest\\_farm/](https://www.instagram.com/heartwood_forest_farm/) <https://www.facebook.com/HeartwoodForestFarm/>

**Schedule for 2020**                      **9:00 am to 1:00 pm each day**

May 18, June 8 & 22, July 6 & 20, August 3 & 17, September 14 & 28, October 12

**Cost: \$800**

Pay in full by February 15, 2020 and receive a \$50 discount.

If you sign up with a friend, and pay in full by February 15, 2020 you will pay \$1450 for the two of you, saving you \$75 each!

Payment plans available, but must be paid in full by April 1, 2020.

**Class size is LIMITED so reserve your place today!**

\$200 now reserves your place. \$400 now reserves your place for you and a friend.

For the payment plan, \$200 reserves your place with payments of \$200 due on February 1st, March 1<sup>st</sup> and April 1<sup>st</sup>.

Cash, Checks, Credit Cards accepted.

For more information call, text or email Patti Travioli 231-492-5002 [patti@heartwoodforestfarm.com](mailto:patti@heartwoodforestfarm.com)